

Attractive Prizes for Cylothon

(For each category)

Winner : Nu. 100,000/-

First Runners-up : Nu. 75,000/-

Second Runners-up : Nu. 50,000/-

Consolation Prizes for Youngest & Oldest

Completers : Nu. 10,000/- each

All Event Completers : Certificate Awards

All Participants : Event ride T-shirt & Cap

with BBF logo will be provided



For Information, Inquiries & Registration! Contact at :

cbt.zhemgang@gmail.com

Thinley Jamtsho (Sr. Planning Officer)

00975-17895562

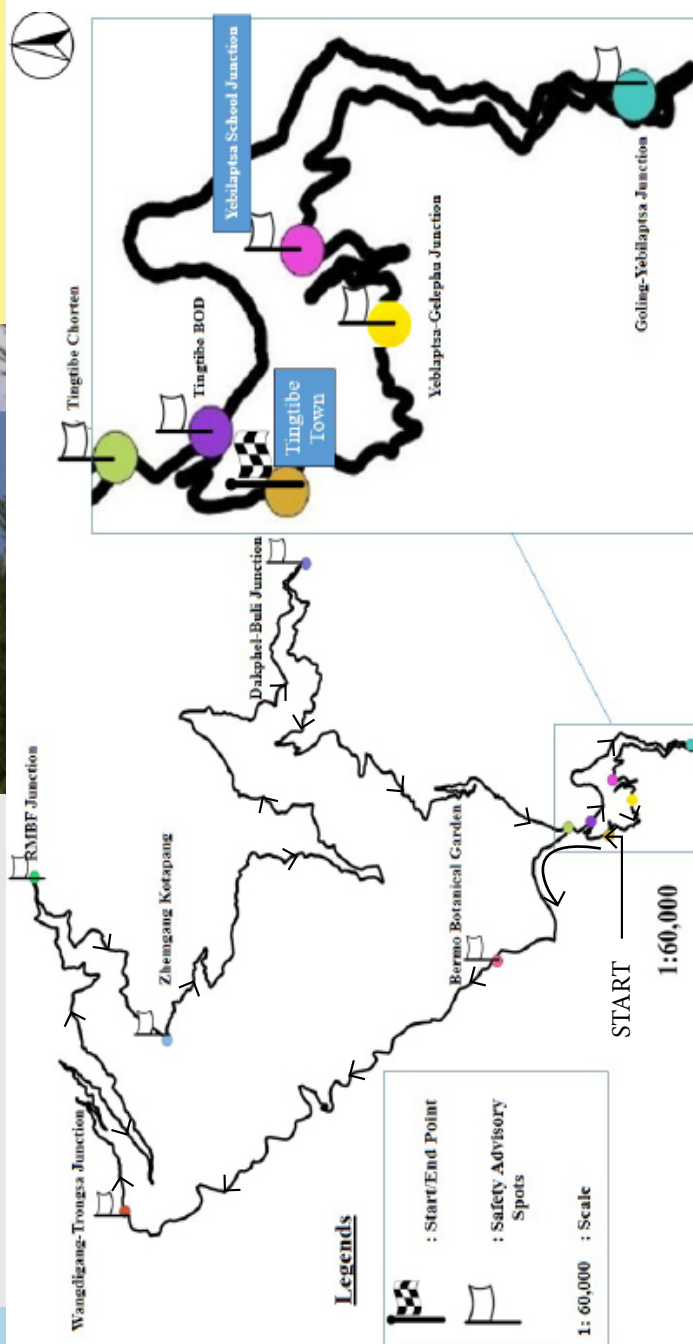
Dr. Jambay Dorjee (Event Manager)

00975-17311539

www.zhemgang.gov.bt

“Ride of the Wilderness”

Route MAP



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Bhutan Bird Festival

...giving you the wings to fly

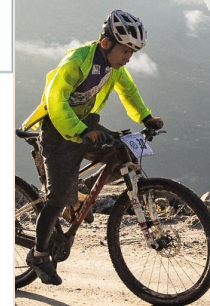
CYCLOTHON

“Ride of the Wilderness”

11-13 November 2019

Tingtibi, Zhemgang

**INFORMATION SHEET
FOR
RIDERS**



**ORGANIZED BY
DZONGKHAG ADMINISTRATION**

ZHEMGANG

PHOTO: TOD 10

OVERVIEW

Bhutan Bird Festival is annual event for Zhemgang Dzongkhag and a signature event to promote community-based ecotourism. A total of 11 events are identified for BBF 2019 and cycling is one such event to be held with the objectives to:

- Promote Ecotourism in the region
- Enhance healthy living through encouragement in hobby of bird watching and cycling
- Establish sustainable fund for BBF to protect endemic/threatened bird species of the country and promote wildlife and environmental conservation in long run



EVENT SCHEDULE

- Date : 12th November 2019 (Second day of the BBF 2019)
- Time : 0730 - 1530 Hrs
- Start & End Points : Tingtibi Town
- Two categories : Male and Female Category but need minimum 35 riders in each category

ROUTE DETAILS

- Circular route (See Route Map overleaf)
- Main routes start and end from/at: Tingtibi Town - Tingtibi Chorten Junction - Bermo Botanical Garden - Wangdigang/Trongsa Junction - Zhemgang Town - Dakphel/Buli Junction - Tingtibi Bridge - Tingtibi BOD - Goling/Panbang Junction - Yebilaptsa School Junction - Yebilaptsa/Gelephu Junction - Tingtibi Town
- Approximately 85 km (52.8 miles)
- Tropical and sub-tropical terrains mixed with up-hill and down-hill rides and some stretch of rough and dusty trails

ROUTE MARSHALS - SAFETY ADVISORY SPOTS

Traffic Marshals - Designated at start and end points and 2 mobile Traffic Inspectors on wheels

Route Marshals - Designated 13 Safety Advisory Spots at key junctions to show directions and mitigate risks

Safety Advisory Vehicles - 1 Bus & 2 Light vehicles to pick up riders and riding gears who discontinue and also assess risks at non-SAS routes/areas

REFRESHMENT AND LUNCH DURING THE EVENT

13 Refreshment Points designated separately at each Safety Advisory Spots and for free Coupon worth Nu. 300/- per participant will be provided for lunch at the finish line

FIRST AID AND EMERGENCIES

One mobile ambulatory vehicle
Two stationary First Aid Spots at Zhemgang Town and Tingtibi Town (Finish Line)

PORTALOOS / RESTROOMS

Designated toilets identified at start and finish lines and open-air space along the routes

MAINTENANCE AND REPAIR SPOTS

Three maintenance and repair spots identified at Start/Finish Point, Wangdigang/Trongsa Junction and Zhemgang Town

ROUTE INSPECTION/PRE-RUN/TEST

Open on 9th and 10th November 2019 with prior information to Event Manager

INSURANCE

Participants shall be liable for self insurance and the organizers shall not be responsible

OTHER KEY INFORMATION TO RIDERS

- Riders shall arrange their own logistics before, during and after the events. However, empty rooms/spaces will be arranged for night halts/camping if required
- Riders will be provided with rider's number tag, ride T-shirt and caps with BBF logo
- Riders need to arrange small backpack to take their own ride jackets/shirts/gadgets as it will be cold during November in Zhemgang
- Riders should carry some amount of fluids and energy supplements to counter dehydration and energy loss especially at non-SAS routes
- Riders will be provided with contact nos. of Emergency Focal Persons on the day of ride

REGISTRATION AND FEES

- Registration Fee - Nu. 10,000/- for Non-nationals and Nu. 7,000/- per participant for Nationals
- Open to professionals and novices
- Registration can be through online, email, call and walk-in modes
- Online registration closes on Nov 10, 2019 at 05:00PM
- Walk-in registration closes on Nov 12, 2019 at 06:30AM